



Barrington Elementary Menu

February 2010

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
1. Hot Dog Baked Beans Fresh or Chilled Fruit	1. 🍷 Cheesy Baked Pasta Caesar Salad Fresh and Chilled Fruit Pudding	 1. Chicken Nuggets with 🍷 Whole Wheat Bread Penne and Bean Salad Fresh Apple or Chilled fruit	1. Hamburger on a Bun 🍷 (Cheese Optional) Oven Baked Fries Fresh or Chilled Fruit	1. 🍷 Cheese Pizza Tossed Salad Fresh or Chilled Fruit
<i>Weekly Alternates:</i>				
2. Chicken Ranch Salad Plate* with 🍷 Whole Wheat Italian Bread		3. 🍷 Cheesy Pretzel Fun Lunch		
8	9	10	11	12
1. 🍷 French Toast Sticks with Syrup & Eggs Fresh Orange Wedges Chilled Fruit Warm Fruit Crisp 🍷	1. 🍷 Pizza Dippers with Marinara Sauce Ranch Broccoli Bites Fresh or Chilled Fruit	 1. Soft or Hard Shell Taco 🍷 with Toppings Fiesta Corn & Black Beans Fresh or Chilled fruit	1. Chicken Nuggets with 🍷 Whole Wheat Bread Brown Rice Pilaf Fresh Orange Wedges Chilled fruit	1. 🍷 Cheese Pizza Veggie Sticks Fresh or Chilled Fruit
<i>Weekly Alternates:</i>				
2. Green Salad with Sliced Turkey* and 🍷 Whole Wheat Italian Bread		3. Ham Sandwich on 🍷 Whole Wheat Vienna		
15	16	17	18	17
Winter Vacation Week				
22	23	24	25	26
 1. Chicken Patty Sandwich 🍷 Mixed Vegetables Fresh fruit or Pineapple Chunks	1. Meatball Sub 🍷 Oven Baked Fries Fresh Fruit	 1. Hamburger on a Bun (Cheese Optional) Hearty Green Salad Corn & Fresh Fruit Chilled Fruit	1. Popcorn Chicken w/ Mashed Potatoes Hearty Green Salad Fresh or Chilled Fruit	1. 🍷 Cheese Pizza Chick Pea Salad Fresh Orange Wedges or Chilled Fruit
<i>Weekly Alternates:</i>				
2. 🍷 Veggie Fun Lunch with Cheese & Crackers		3. Italian grinder on 🍷 Whole Wheat Sub Roll		

Menu Subject to Change 🍷 All grain items are made with whole grains.
 All meals are served with milk (1% low fat white or flavored) and fruit (fresh or canned).
 *Meatless options are available upon request where indicated.

 "Balanced Choices" meals meet specific nutritional guidelines when all featured menu items are selected

 Chartwells is pleased to offer locally grown produce.

Any questions please call:
 Director of
 Dining Services
 Melissa Read at 435-7814

Lunch Prices: Full Paid: \$2.25 Reduced: \$.40 Milk \$.55 Adult: \$3.25